



AMA EDU! Educational Workshops

AMA EDU! conducts educational workshops for parents in Lima's districts. The overall objective is to promote children's integral development. Workshops are animated by our Early Childhood Education's expert and social psychologist. Four developmental areas are addressed in four different workshops.

1. Affective development's workshop

Since birth the creation of strong and close bonds with mothers allows young children to develop self-esteem and self-confidence. *"Developing a positive attitude towards your child based on freedom, respect and independence, combined with clear and simple boundaries, help children feel secure to explore and discover the possibilities and wonders of the wider world"*.¹ Thanks to the love and respect received from their parents in their early years children are much more able to succeed in life and to be responsible citizens in tomorrow's world.

2. Personal/Social development's workshop

Habits, order, hygiene and sanitary routines impact positively children's development. The importance of the learning through the daily routines will be explained in that workshop. Children develop a satisfying image of their body and themselves when they are allocated enough time to do things by themselves. Sociability comes naturally when children are well-rounded and received adequate love and nurturing. The promotion of positive behavior will be widely explained and emphasize on.

3. Motor development's workshop

In this workshop will be addressed the different stages of movements spanning from rolling over, sitting up, crawling, standing, walking and running. Will be also explained the fine and gross motor coordination.

Few advices will be shared with the parents during the workshops:

- Importance of respecting the own pace of the child motor development.
- Importance for children to be able to observe a movement before they can execute it themselves.
- Importance of freedom of movement that allows infants, and later toddlers and older children, to explore and learn about their world through sensory experiences.

4. Intellectual development's workshop

In this workshop will be addressed the different phases of the language's acquisition + the important attitudes parents have to adopt in order for their children's intellectual skills to blossom. Children understand concepts through the interaction with their own environment. In order to develop their intellectual and reasoning skills children need to experiment independently as much as possible. While exploring, children develop their reasoning, thinking and concentration skills.

The four workshops have a duration of 90 minutes and are divided in three parts.

- The first 50 minutes gives to participants an overview of AMA EDU! organization. Is explained the mission, the educational content and the way information is delivered. Then the animators address in depth the thematic of the workshop and show 5 videos of our library.

¹ K. HUGHES, Learning together. What Montessori can offer your family, The Montessori St. Nicholas Charity 2012.



- During the following 20 minutes takes place art and crafts sessions based on the use of recycled materials. The purpose is to show to participants that with basic material available at home, creativity and cognitive development can be grandly challenged.
 - The last 20 minutes are allocated to questions/answers were participants can ask and exchange about concerns, doubts and worries they have regarding the education of their young children. Participants have also the occasion to meet and exchange with other participants form the same community.
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